



Quick fix

Veronica Denwick is the owner of Laser Hair Removal at the Bay. A registered nurse, Veronica launched the business in 2007 with the aim of providing a high standard, credible laser clinic. When it comes to beauty products, she has similar high expectations. Her favourites are reliable and fit easily into a busy work and home life.

BEAUTY PRODUCTS I KEEP IN THE...

Handbag: My two favourite perfumes, Boucheron and Angel. Unfortunately you can't buy Boucheron in Australia any more so I always stock up when I travel to the US for laser conferences or courses and I love Angel as it always reminds me of my beautiful son as he was the first person to buy some for me.

Office drawer: Lipojen moisturising treatment lip gloss - it moisturises, provides great colour and gloss, plumps my lips, provides UV protection and best of all it stays on! Aloe Life Pure Aloe Vera gel - I am frequently washing my hands between clients, so I use this product to restore moisture naturally, but I have also found it to be the most moisturising and soothing product to use on my clients following their treatments.

Car: Dermaclear Organic Sunscreen 30+. It's organic and I love it! It's not greasy like a lot of sunscreens and absorbs very quickly. Given the industry I work in, it is mandatory that I practice what I preach to my clients about sunscreen.

Do you have a favourite new product that you're enjoying using? Running a very busy business, I don't have a lot of time but occasionally I sneak down the road to visit Lisa Schmelzkopf at Abache and entrust her to care for my skin. Her exclusive range of Centella certified organic products from France make me feel great. I firmly believe we can't be good at all things and it's best to seek out the top people in the fields they work in.

www.lhratthebay.com



new WAVE

The winners of the Australian Hair Fashion Awards will be announced in just a few days time.

Several Adelaide hairdressers and salons are competing for state and national titles, including Zink, Parlour and Toni & Guy. Karen Bava of Parlour Hair is vying for Hairdresser of the Year, a title her husband Robert has won for the past two years. Zink the Element of Hair has been

nominated as Artistic Salon Team of the Year, while Lisa Nguyen (1) and Joe Cotroneo (4), both of Zink, are shortlisted for SA Hairdresser of the Year. Amanda Riley (3) of Toni & Guy, North Adelaide, and Jason Fassbender (2) of Parlour Hair, Unley, are also state finalists. The awards are judged by leading names in the British hairdressing industry.



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"After having three lovely children, I put on a lot of weight. I tried popular diets to lose weight which gave no results other than time and money wasted. I honestly thought that I would never lose the extra weight and keep it off," says Lina.

Lina was about to give up hope when she ran into a friend who was on the programme and looked amazing, so decided to join The Natural Way too. Lina says, "I have never looked back from that point. I gained a new lease on life. The Natural Way is so easy to do. I feel amazing, healthier and mentally stronger."



Lina, started at 92.6kg and **lost 20kgs**



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