

Moving on in style

MOVING house is a big decision and needs careful thought, says Diana King.

Three years ago, the former Riverland resident moved to Mount Gambier's lifestyle village Hallmont Estate.

"At first it was a bit daunting because Hallmont was in the early stages of construction," she says. "Only a few units were built and occupied."

Life moves on and so did the construction. Soon residents were enjoying "happy hour" in the community centre.

Now Diana and the other 180 residents are the proud users of the "resort-style" centre.

The library is full of donated books that are frequently read by residents and Diana helps to maintain them.

"In 2010, the Government gave us two computers which the residents have use of. Lessons were organised in the early days to help residents gain computer knowledge and how to use the internet," she says.

When the centre was completed, Diana could not wait to use the heated pool.

"Aqua-aerobics is a popular activity I love to attend, plus just going out for a swim," she says.



WONDERFUL FACILITIES: The "resort-style" community centre at Hallmont Estate.

Diana also enjoys tai chi and bowls – indoors and also outside on the synthetic green.

"At craft group on Thursdays many a rug has been knitted and teddy made, between coffee and a chat," she says.

"Friday night is happy hour, with meat raffles, lucky draws, jokes, nibbles and a wine or two.

"On alternate Fridays we enjoy a sumptuous meal, cooked by our resident volunteers."

Diana, along with two other residents, also enjoys writing a monthly newsletter, the *Hallmont Happenings*.

Diana says: "It was a good choice to come to Hallmont. I feel safe, and am lucky to have all the

wonderful facilities here to use, and I also enjoy the friendship of other residents."

To find out more about Hallmont Estate, phone 8721 8600 or visit at 20 Woodlands Drive, Mount Gambier

Laser hair removalists on the move

LASER Hair Removal at the Bay has moved recently to independent premises at Glenelg North.

Owner, registered nurse Veronica Denwick and her team of qualified nurses, highly trained in laser hair removal, are now in bigger and better premises.

Ms Denwick has worked in the

laser hair removal industry for 12 years and says she is passionate about providing the safest practice for her clients.

She says the new clinic has been set up in accordance with the strictest of safety policies and meets all the guidelines of Australian/NZ standards. Presently,

South Australia has no legislation governing the industry.

She only employs nurses, who hold a laser safety certificate.

Laser Hair Removal at the Bay, 61 Tapleys Hill Rd, Glenelg North, 8295 7070



Laser Hair Removalists Kellie Overton and Veronica Denwick



It's all go for Singapore kids

AFTER a year of unprecedented growth Adelaide based company Ready Steady Go Kids has hit another exciting milestone with the commencement of its first international franchise in Singapore.

The Singapore franchise was bought by businessman Wee Lee Chua, who couldn't be happier with the way the program has kicked off.

Mr Chua says he plans to grow the business rapidly to meet burgeoning demand.

His goal is to teach in 50 childcare centres and 20 independent locations across the city, with many of those classes starting by Term 1, 2013.

By offering the program at so many locations on a range of days and at a wide selection of times, Mr Chua hopes that all young children throughout Singapore will be able to benefit from the program.

"I want to help the nation build a sporting culture. It's one of the big things I love about Australia and Australians," Mr Chua said.

Physio-designed for children aged from two-and-a-half to six years, Ready Steady Go Kids aims to create positive attitudes to exercise that preschoolers will carry for life.

EC Ready Steady Go Kids, Level 1, 3-9 Gordon St, Glenelg, 1300 766 892.

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